

DMARC E-Bulletin

For the week of August 3, 2009

Here are this week's announcements. Please help publicize these events in your congregation's bulletin, newsletter or bulletin board or pass the information to someone who can benefit from it.

DMARC ANNOUNCEMENTS

DMARC at the I-Cubs

All summer long at Sunday home Iowa Cubs games, fans can bring three canned food items to donate in exchange for a free general admission ticket. For \$3.00 more, tickets can be updated to Reserve Grandstand Seating. **The dates of the games are August 23, August 30 and September 6.**

DMARC PREFERRED PERSONAL PRODUCTS DONATION SITES:

Needed items include: *diapers, baby wipes, baby powder, deodorant, toothbrushes, toothpaste, shampoo, bars of soap, razors and feminine hygiene products.*

BIDWELL RIVERSIDE CENTER, 1203 Hartford Ave., DM 50315 244-6251

Contact: Josh/Cassie

CITY OF WEST D.M. HUMAN SERVICES, 318 5th St., WDM 50265 222-3660

Contact: Tammy Lage

COMMUNITY SERVICES SITE ON 6TH, 1618 6th Ave., DM 50311 248-6241

Contact: Danita Parker

DOWNTOWN FOOD PANTRY SITE, 701 Grand Ave., DM 50309 243-1381

Contact: Phil Werner

IOWA HOMELESS YOUTH CENTERS, 1219 Buchanan St., DM 503126 265-1222

Contact: Toni Nicol

RED ROCK COMMUNITY ACTION PROGRAM, Neveln Resource Center, # 305, 406 SW School St., Ankeny, 50023 965-0433 Contact: Sharon Brooks

ST. MARY FAMILY CENTER, 1815 Hubbell Ave., D.M. 50316 262-7290

Contact: Susie Paloma

SALVATION ARMY SOCIAL SERVICES, 1300 6th Ave or 1216 E 25th Ct., DM 50314/ 50317- 282-3422/ 266-3156 Contact: Shireen Braman/Joanne Norelius

YOUNG WOMEN'S RESOURCE CENTER, 705 E. 2nd St., Des Moines, IA 244-4901 Contact: Heather Soener.

All preferred sites report collections to DMARC which allows us to track distribution and to better serve those in need.

Sack Saturday Opportunities

Are you looking for a way to get more involved in the community? Each month the Des Moines Area Religious Council seeks volunteers to participate in Sack Saturdays. Participants are asked to commit two hours to greeting shoppers at local grocery stores and encouraging either their purchase of sacks of food items costing \$5.00, individual items of food (such as peanut butter, cereal, pasta, soups) or cash. The food items collected are used to supply local food pantries in the Des Moines area. Money collected is used to purchase additional food items. This is an ideal opportunity for church, business or civic groups to work together to help meet a need in our community.

To sign up for a Sack Saturday, contact Cindy Morton at 277-6969 or 238-4593.

DMARC Emergency Food Pantry Needs Paper Grocery Bags

DMARC's nine food pantries are in need of paper grocery bags in good condition. The pantries re-use paper sacks for packing food items to be given out to those in need. Large quantities of these paper sacks are consumed in the process, and the need is ongoing. Purchasing paper grocery sacks is not possible due to cost, and therefore, recycling paper sacks for this purpose is our only option. If you have extra paper sacks, you can drop them off at DMARC or any of our nine pantry locations.

UPCOMING EVENTS

Next deadline August 14

AUGUST

August 3-7

CHILDREN'S FINE ARTS CAMP

Discover God's Story through the Arts! The Children's Fine Arts Camp will be held August 3-7, from 9:30 a.m. to noon. Children will be treated to learning about a variety of musical instruments and prepare for a finale musical, *David and Goliath*. The musical will be held on Sunday, August 8 at the 8:30 worship service. The camp is open to the public; there is a small registration fee. The camp is for students who are K-6th grade.

Contact Mark Babcock at mark@stmarkwdm.org for more information.

Tuesday, August 4

CONCERT: FLYING PIG FIDDLE AND BANJO

The Fort Des Moines Museum is hosting a summer concert series. All shows are free and open to the public and begin at 6:00 p.m.

Tuesday, August 4

AMERICA'S NIGHT OUT AGAINST CRIME

National night Out is designed to heighten crime and drug prevention awareness, generate support for and participation in local anticrime programs, strengthen neighborhood spirit and police-community partnerships and send a message to criminals letting them know that the neighborhoods are organized and fighting back. Gather at Union Park United Methodist Church at East 12th & Guthrie at 6:00 p.m., and please bring non-perishable foods for the DMARC Emergency Food Pantry

Call 282-8060 or visit www.fortdesmoines.org for more information.

Wednesday, August 5

FARMERS' MARKET DAY AT THE DRAKE FARMERS' MARKET

The Drake Neighborhood Farmers Market is celebrating the 10th Annual Farmers Market Week/National Farmers Market Week from August 2-8. Partnering with the Iowa Department of Agriculture and Land Stewardship, they will be distributing \$1.00 coupons to shoppers to redeem toward a purchase of locally grown, fresh produce. 150 shoppers will receive a free, reusable market tote; recipe packets will be available. A cooking demonstration will feature fresh produce available at the market.

The Drake Neighborhood Farmers Market is open every Wednesday from 4:00 -7:00 p.m. through the end of September, and is located in the parking lot at First Christian Church, 2500 University Ave.

August 6-7

BACK-TO-SCHOOL GIVEAWAY

CROSS Ministries is planning for the 17th Annual Back-to-School Giveaway to be held on August 6 and 7 at Cottage Grove Ave. Presbyterian Church. Last year they were able to assist more than 800 children from low and no-income families with the supplies they needed to begin school. With the challenges of the current economy, the demand could be even greater this year. They would appreciate any help you might be able to give.

Because of the need to package the supplies for various grade levels prior to the giveaway, they are asking for the donations to be made by Friday, July 31.

For every \$12.50 you donate, one child living in poverty in our community can receive a backpack filled with grade appropriate school supplies.

Donation can be sent to: CROSS Ministries, 1050 24th St., Des Moines, IA 50311

Thursday, August 6

FROM HIROSHIMA – TO A WORLD WITHOUT NUCLEAR WEAPONS

Join in telling congress to sign the Comprehensive Test Ban Treaty. Sponsored by American Friends Service Comm. And D.M. Chapter of Women's International League for Peace and Freedom. Other sponsors include DMARC, Methodist Federation for Social Action, Des Moines Ecumenical Comm. For Peace and Catholic Peace Ministry. Help welcome Des Moines Mayor Frank Cownie, a leading member of "Mayors for Peace." The event starts at 7:30 p.m. Parking is available at the Iowa Judicial Bldg on the south side of Court Ave. The rain site is at Calvary Baptist Church, 606 E. 9th St. Bring lawn chairs and flowers from your garden for lying at Japanese bell.

For more info, contact Jeffrey J Weiss at 274-4851, x 16 or JWeiss@afsc.org.

August 6-7

HOLY TRINITY CATHOLIC – ANNUAL GARAGE SALE

This garage sale features furniture, clothing, electronics, books, and jewelry in abundance at Holy Trinity's Gym and Social Room. The sale runs from 9:00 a.m. to 5:00 p.m. on August 6 and from 9:00 – noon on August 7.

Saturday, August 8

YES, WE CAN – BAN ALL NUCLEAR TESTING

Don't miss this multi-media presentation by Physicians for Social Responsibility (Iowa) and partnering with the American Friends Service Committee. Co-sponsored by STAR*Pac, Women's International League for Peace and Freedom, Iowans for Diplomacy with Iran, Methodist Federation for Social Action, Des Moines Area Ecumenical Comm. For Peace. It runs from 10:30 – 11:30 a.m. at Central Library, 1000 Grand Ave., Des Moines, IA.

Saturday, August 15

FREE SCHOOL SUPPLIES FOR K-12

Beginning at noon and running while supplies last, get school glue, glue sticks, folders, pencil boxes, post-it notes, spiral bound tablets, loose leaf paper, rulers, pencils, colored pencils, etc. This event is being hosted by Union Park United Methodist Church at 2305 E. 12th (East 12th & Guthrie Ave).

Wednesday, August 19

FILM: YOO HOO, MRS. GOLDBERG

Aviva Kempner, award winning filmmaker will introduce her new film, the humorous and eye-opening story of TV pioneer, Gertrude Berg, creator, principal writer and star of "The Goldbergs." Berg received the first Best Actress Emmy in history and paved the way for women in the entertainment industry. The show starts at 7:30 p.m. at Temple Beth El. General admission is \$20 in advance and \$25 at the door. Patrons and producers are invited to attend a private showing of Kempner's award winning film, "the Life and Times of Hank Greenberg," on Monday, August 17 at 7:00 p.m.

For more information call 248-865-0617

SEPTEMBER

Saturday, September 5

WALK A MILE IN THEIR SHOES

This first annual, non-competitive walk-a-thon seeks to raise awareness about homelessness in central Iowa. All proceeds benefit Hope Ministries' programs and services for homeless men, women and children. *Register, volunteer, download promotional flyer, and learn more at www.hopeiowa.org or info@hopeiowa.org.*

LOOKING AHEAD

Fall Concert Series

First Methodist Church located at 10th & Pleasant in Des Moines is hosting these free concerts beginning at 4:00 p.m. on Sundays.

Sunday, Sept 20 – the Iowa State Wind Ensemble will be featured with Dr. Tin-shi Tam, organist. The program will include Widor's *Salvum fac populum tuum* and Ron Nelson's *Pebble Beach Sojourn* for organ and wind ensemble.

Sunday, October 18 - Organist Timothy Albercht will present a recital. Professor Albercht is the University organist and Chair of the graduate organ degree program at Emory University.

Sunday, November 15 will feature Mahlon Darlington, violin, Jonathan Sturm, violin/viola, George Work, cello, and Tin-shi Tam, organ. This program will include Dupre's *Quartet, Op. 52*, and Sammartini's, *Concerto No. 1 in A Major*

October 14-15

PASTORS CONFERENCE

Vermeer Corp will present a day-long conference with Pastor Jack Hayford. The event is specifically for pastors, focusing on leadership advancement for increasing ministry effectiveness and facilitating personal growth and renewal. On October 14, there will be an evening presentation open to the general public. Registrations will be required for the Oct. 15 conference. More details to follow.

October 10-13

COMMUNITY FOOD SECURITY COALITION ANNUAL CONFERENCE

The 2009 annual conference will include a special one-day gathering of state and local food policy council organizers and practitioners as well as plenary sessions on building networks for food system change, labor and immigration policy and strategies for change of the industrial food system. Also featured are 50 workshops, a food-film festival, six field trips, etc. Overlapping the Conference is the Iowa Hunger Summit on October 13 followed by the 2009 World Food Prize, "Borlaug Dialogue" symposium on October 14-16.

For more information go to <http://communityfoodconference.org/13/>

Thursday, October 22

IOWA DIALOG CONFERENCE

This all-day conference presented by Iowa Dialog Center seeks to create a dialog between Christianity and Islam. The conference runs from 8:30 a.m. to 8:30 p.m. The opening address will be given by Dr. Scott Alexander, Dir. Catholic Muslim Studies at Catholic Theological Union in Chicago. Speakers include Dr. Marcia Hermansen, Director of the Islamic World Studies Program, Prof. of Theology at Loyola University and Scott Alexander, author of *Sisters: Women, Religion and Leadership in Christianity and Islam*. Registration is \$35.

For more information, email Harun Parpu at Dialogforall@iowadialog.org or call 319/230-7408.

Friday, October 23

CHURCH WOMEN UNITED 2009 IOWA STATE ASSEMBLY

This annual meeting runs from 9:30 a.m. to 3:00 p.m. at Grace Methodist Church, 3700 Cottage Grove Ave., in Des Moines. Registration costs \$15.00 and includes lunch and materials.

With questions, contact Beverley Wilson or Kathleen Clark at 274-1428.

ANNOUNCEMENTS

Disaster Preparedness Month

September is national “Disaster Preparedness” month. The Iowa Disaster Human Resources Council, the Iowa Department of Homeland Security and Emergency Management, the Rebuild Iowa Office and the Federal Emergency Management Agency encourage everyone to look at their own personal preparedness for disaster, as well as the disaster preparedness of their community, churches and organizations.

Between 1990 and 2008 there were over 20 presidentially-declared disasters in Iowa, affecting all 99 counties. The frequency rate was from a low of two to a high of thirteen. Speakers are available to go to churches and other community organizations and make presentations about disaster preparedness. Also, there are materials available to groups to share with their members which help in developing church and organizational preparedness, family preparedness and personal preparedness. Call Jim or Linda, Voluntary Agency Liaisons with FEMA, at 515-251-3539 to schedule a presentation or to receive informational brochures.

Visit DMARC’s website to view Homeland Security’s Disaster Preparedness Template for faith-based organizations.

Project Recovery

The website www.projectrecoveryiowa.org has information about getting help in the wake of last year’s natural disasters.

New Healthcare Office for Women

In the United Way Building there is a new healthcare office. This office provides women with healthcare services with or without insurance. They offer services in three languages. No questions asked concerning legal status.

SHARE FOOD PACKAGE – “Save money, Shop Smart” Serving Iowa, Eastern Nebr, Northern Mo. & South Dakota

August Packages:

- A. Best Value Package: \$22.00** – 4/4oz. Port Tenderloins, 2/10oz. Tyson Asiago Roast Beef Wraps, 12 oz. Chicken White Meat Strips, 2 lb.s Chicken Roaster Drums, 9 inch/40 oz. Sara Lee Ready to Bake Apple Cranberry Pie, 1 lb. White Rice and Assorted Fresh Fruits and Vegetables.
- B. Fruit and Veggie Package: \$12.00** – Assorted Fresh Fruits and Vegetables, 9 inch/40 oz. Sara Lee Ready to Bake Apple Cranberry Pie, 1 lb. White Rice
- C. Meat Only Package: \$12.00** – 4-4oz. Pork Tenderloins, 2-10 oz. Tyson Asiago Roast Beef Wraps, 12 oz. Chicken White Meat Strips, 2 lbs. Chicken Roaster Drums
- D. Ribeye Steak Package: \$13.50** - 6 – 8 oz. Steaks, Individually wrapped.
- E. Grill Package: \$17.50** 2- 6 oz. Sirloin Steak Fillets, 1 lb. IQF Chicken Breasts, 2 6 oz.. St. Louis Ribs, 4- 4 oz. Boneless Pork Chops, 1 lb Ground Beef.
- F. Supper Time Entrée Pack: \$17.00** – 7-14 oz. Trays of Manicotti with Meat Sauce, Beef Stroganoff w/ Noodles and Broccoli, Grilled Chicken w/ Tomato Basil Sauce and Penne Pasta, Sausage with Green and Red Peppers, Sauce and Linguine, Baked Ziti with Meat Sauce and Mozzarella Cheese, Chicken Teriyaki w/ Rice and mixed vegetables, Turkey Breast w/ Mashed Potatoes, Mixed Vegetables and Turkey Gravy
- G. Choice Item: \$4.50** – 2 lbs. “Turkey Valley Farms” Turkey Breast Tenderloins
 - **Must purchase package A, B, C, D, E, or F to qualify for Item “G”.**

www.shareiowa.org or shareiowa@mahaska.org

Drake Farmers’ Market

The market is open Wednesday from 4:00 -7:00 p.m. beginning June 3 and running through September 24 in the First Christian Church parking lot. You can find Iowa grown produce, baked goods, flowers and plants, snacks, meals, sandwiches and crafts. On opening day, the Rev. Tim Diebel will offer a blessing of the market. The Des Moines Menace are guests; Anderson Erickson will offer free treats. Music will be provided by Arnie Williams. Also Jerry and the Moonlighters will play live at 5:00 -6:30 p.m.

Calling All Gardeners

The Urbandale Food Pantry is asking for your help in providing fresh, nutritious produce to our clients this summer. As you plant your garden this spring, please consider planting a little extra and donating your surplus fruits and veggies to the Urbandale food pantry. Donations will be accepted during the URBANDALE pantry’s normal operating hours of 10:00 a.m. – 2:00 p.m. on Mondays, Wednesdays and Thursdays. If you are unable to deliver it during these hours, please call 251-6688

Group Spiritual Direction

Des Moines Pastoral Counseling Center offers this service through a process in which a small group of seekers companion one another in exploring one's personal spirituality under the guidance of an experienced spiritual director. There are one group for clergy and one for lay persons. Groups are limited to 5-6 persons and are facilitated by Kathy Reardon, R.M., M.S., spiritual director. Groups will meet for two hours beginning with two sessions in September 2009 and meeting monthly through June of 2010. Times will be determined by the needs of groups. The cost is \$45 per session with an interview required.

Contact Kathy Reardon at Des Moines Pastoral Counseling Center 274-4006 or kreardon@dmpcc.org.

Pastoral Care Specialist Program

The Des Moines Pastoral Counseling Center is offering this two-year program as a competency-enhancing program designed for professional development and renewal of pastors, chaplains, and other persons involved in ministries of pastoral care. The program provides an enriching blend of psychology and theology, as well as theory and practice, while encouraging the sharing of learned lessons. Meeting monthly at the Center, participants solidify what they already do well and integrate new knowledge and skills. Topics vary each year. This year's program begins September 8 and runs through June 8, 2010 on Tuesday nights from 8:45 – 12:00. Tuition is \$500 for each of the two years.

For more information, contact Peter Brantner, M.Div, M.S. at 274-4006 or pbrantner@dmpcc.org.

VOLUNTEER OPPORTUNITIES

ESL Classes and volunteer training

Trinity United Methodist Church will train ESL (English as a Second Language) volunteers, focusing on teaching strategies. Joan Looker, an ESL teacher with the Des Moines Public Schools will teach. Classes will start the first Tuesday of September and are held Tuesdays and Thursdays from 6-8 PM. Trinity has been offering free ESL classes for about 6 years and last year served over 120 adults while caring for their children in a free childcare program.

Trinity UMC is located at 1548 8th St.

For more information call Wendy Vasquez at 771-8656

Free Store Needs

The Free Store helps CFI Domestic Violence Services clients. This year through May they have had 109 requests, including 164 children who have received 151,000 lbs of furniture worth \$165,000. They have a need for strong people who can pick up furniture on Monday, Wednesday and Friday mornings and help move furniture for clients on Saturday mornings.

For more information or to schedule a pickup call 225-2020 x4 or www.thefreestore.org.

PEER Advocate Program

This program is seeking volunteers age 60 or older to serve as advocates for seniors in Polk County. PEER advocates help seniors live independently in the community by connecting them with existing services. Duties may include delivering meals to someone who was recently hospitalized, sharing information or assisting in applications for community programs. PEER Volunteers empower themselves by helping others. Training provided.

Call Ranae at 286-2112 for more information.

Iowa Homeless Youth Centers

IHYC is looking for a volunteer or group to provide yard work on weekly or bi-weekly basis at the Lighthouse Host Home. Needs include mowing, weeding, raking. Supplies are provided. Lighthouse is at 1216 MLK Pkwy.

Contact Toni Nicol at 262-1222.

Des Moines Parks and Recreation

DATA BASE ENTRY – Assist with data base entry to better match volunteers with open opportunities that can utilize their skills. Hours & Location flexible.

Save the lilacs – Time has taken its toll on this historical area. Volunteers needed to save and restore lilacs. Work together to remove old blooms and mulch lilacs. Schedules flexible.

Help Gray's Lake Go Green – Restore the lakeshore, river edge and view to downtown by helping remove invasive trees that are blocking the landscape. Weed, remove old growth and help plant for the future.

Cemetery Stewards – Glendale, Oak Grove, Sims, Laurel Hill, Woodland, St.

Ambrose. Pick up litter, trim around monuments, cut back dead flowers, monitor for holes, sunken stones and vandalism. Monthly or weekly basis. Blocks range from ¼ acre to an acre. Schedule a regular time that works best for you.

Saturday, August 15 – 9:00 a.m.

Join fellow volunteers removing trash from river or along the edge of the newly dedicated Des Moines Water Trail. Volunteers will be invited to join in a riverfront celebration following the event at 6:00 p.m. with FREE food & music provided by Community Jazz Center Big Band at the Simon Estes Amphitheater. Door prizes.

*To register or for more info – www.riverstewards.org
Des Moines Parks & Recreation Volunteer Coordinator
2501 Maury, Des Moines, IA 515 248-6380*

EMPLOYMENT OPPORTUNITIES

Counselor for “HOME”

A BS/BA or AA/AS degree plus one year human services experience is required. Good communication skills, the ability to work well with people of all cultural and economic backgrounds and enjoyment of phone work are also necessary.. Knowledge of housing programs is helpful, but not required. This job is full-time with benefits. The salary range is \$30,000-\$34,000. Additional compensation is offered for a person with fluent Spanish speaking skills. Send resume to HOME, Inc., 1111-9th St # 210, Des Moines 50314 by August 14, 2009.

Youth Service Director

Valley UMC is looking for a person to direct youth programs for persons in grades 7 through 12. This is a quarter-time salaried position. The director will lead groups of youth in Christian study and worship, work to involve the youth in the total life of the church, build trust with parents and involve them in the youth programs and reach outside the walls of the church to provide opportunities for new youth to become involved. Applications are due August 7.

Contact church office for application form at 225-8128.

Shelter Coordinator

This position will include overseeing the shelter activities of CFI’s Domestic Violence Services and be responsible for day to day operations, supervising the assistant coordinator, interviewing, hiring and training employees, planning, assigning and directing work.

Requirements: Bachelor’s degree in Counseling, Social Work or closely related human services field plus appropriate direct service and 3-5 years supervisory experience as well as demonstrated involvement or experience in working with women’s issues and domestic abuse and skills with MS Word, Excel, Outlook

Submit resume & cover letter to: Melissa Hanrahan, CFI, 1111 University Ave, Des Moines 50314

Childcare Provider

Visiting Nurse Service is seeking someone to provide child care during programming. A High School Diploma or equivalent and minimum of one year’s experience in an early childhood setting are required. Fluent written and verbal communications skills in English and Spanish, Vietnamese, Arabic or Nuer are preferred. This position offers a flexible schedule with some work in evenings and weekends. A valid Iowa Driver’s License and insurance are required. Candidates should be able to work effectively with a team and adhere to mandatory abuse reporter guidelines. Personnel must attend mandatory educational programs.

Contact Kay Tannatt at Visiting Nurse Services, 1211 Vine St., West Des Moines, IA 50265 for more information.