

# DMARC E-Bulletin

For the week of August 31, 2009

Here are this week's announcements. Please help publicize these events in your congregation's bulletin, newsletter or bulletin board or pass the information to someone who can benefit from it.

## DMARC ANNOUNCEMENTS

### Make A Difference Days

Make A Difference Day is a national day of helping others, a celebration of neighbors helping neighbors. Everyone can participate. Created by USA WEEKEND Magazine, Make A Difference Day is a national annual event that takes place on the fourth Saturday of every October.

The Des Moines Area Religious Council Emergency Food Pantry will be celebrating Make A Difference Days on Saturday, October 3 and Saturday, October 10. The change from the fourth Saturday is to allow more flexibility in scheduling volunteers and avoid conflict with the Race for the Cure which also takes place on the fourth Saturday in October. Our goal is to have Sack Saturdays taking place in ten grocery stores in the Des Moines Metro area on each of those Saturdays. To do this we need volunteers to work in the stores. If you can volunteer to help make a difference by participating in a Sack Saturday on either Saturday, please contact Cindy Morton at [cmorton@dmreligious.org](mailto:cmorton@dmreligious.org) or by calling 277-6969.

### DMARC at the I-Cubs

All summer long at Sunday home Iowa Cubs games, fans can bring three canned food items to donate in exchange for a free general admission ticket. For \$3.00 more, tickets can be updated to Reserve Grandstand Seating. **The date of last game is September 6.**

### Sack Saturday Opportunities

Are you looking for a way to get more involved in the community? Each month the Des Moines Area Religious Council seeks volunteers to participate in Sack Saturdays. Participants are asked to commit two hours to greeting shoppers at local grocery stores and encouraging either their purchase of sacks of food items costing \$5.00, individual items of food (such as peanut butter, cereal, pasta, soups) or cash. The food items collected are used to supply local food pantries in the Des Moines area. Money collected is used to purchase additional food items. This is an ideal opportunity for church, business or civic groups to work together to help meet a need in our community.

*To sign up for a Sack Saturday, contact Cindy Morton at 277-6969 or 238-4593.*

## **DMARC Emergency Food Pantry Needs Paper Grocery Bags**

DMARC's nine food pantries are in need of paper grocery bags in good condition. The pantries re-use paper sacks for packing food items to be given out to those in need. Large quantities of these paper sacks are consumed in the process, and the need is ongoing. Purchasing paper grocery sacks is not possible due to cost, and therefore, recycling paper sacks for this purpose is our only option. If you have extra paper sacks, you can drop them off at DMARC or any of our nine pantry locations.

## **Be a Mentor, Change a Life**

As a new school year approaches, the need for mentors in the Des Moines public schools is one that deserves the heartfelt concern and consideration of our community. More than half of the 31,000 children attending the Des Moines public schools live in poverty as evidenced by the number of children who qualify for free and reduced price meals.

**Project Connect** has found that one hour of face time with a caring adult can change children's lives. Once a child is matched with a mentor, absentee and suspension rates are reduced, grades and attitudes improve markedly.

Many good mentoring programs exist in Des Moines, but Project Connect ([www.helpakidfly.com](http://www.helpakidfly.com)) has a direct link to the Des Moines public schools. This allows for the careful tracking of each child's attendance, suspension rates, grades, etc., and for tracking children when they change schools.

**Project Connect** is in 23 schools and reaches children from second through 12<sup>th</sup> grades. No special training or degree is required to be a mentor – just a caring heart, listening ear and nonjudgmental attitude. One hour a week will change a child's life forever. You can be an important part of that.

*Contact Mary Beth Williams, Mentoring Coordinator at 515 339 1701*

## **UPCOMING EVENTS**

*Next deadline Sept 11*

### **SEPTEMBER**

#### **Monday, Sept 1**

#### **PRE ORDER YOUR COOKIES!**

The annual Colossal Cookie Sale sponsored by Hy-Vee Stores and benefiting DMARC's Emergency Food Pantry will be held from September 15 through September 28. For every cookie sold, Hy-Vee will donate one cent to the DMARC Emergency Food Pantry. During the sale, fresh-baked lunchbox cookies will be available at all Hy-Vee stores in the Des Moines Metro area at a cost of just 10 cents a piece. Boxes of 100 cookies are just \$8.99 when preordered directly from any Hy-Vee Bakery. Preorders will begin September 1. Flavors are M&M, Chocolate chip, sugar and peanut butter.

## **Friday, September 4**

### **SOLO GOSPEL CONCERT**

Randy Coryell has performed over 5,000 concerts world wide. He is an accomplished recording artist, studio musician, national TV and radio performer and award winning film score composer. This concert will feature music including the “Amazing Grace Seminar Experience” performing work from seven musical genres, Black Gospel, Country, Classical, Ragtime, Style of Elton John and more. Mr. Coryell can make a piano “talk”! Audience participation highly encouraged. The concert will be held at Urbandale United Church of Christ and begins at 7:30 p.m. Admission is free to the public.

## **Saturday, September 5**

### **WALK A MILE IN THEIR SHOES**

This first annual, non-competitive walk-a-thon seeks to raise awareness about homelessness in central Iowa. All proceeds benefit Hope Ministries’ programs and services for homeless men, women and children.

*Pre-register, volunteer, download promotional flyer, and learn more at [www.hopeiowa.org](http://www.hopeiowa.org) or [info@hopeiowa.org](mailto:info@hopeiowa.org).*

## **Sunday, September 6**

### **HEAVENLY HARP CONCERT AND MESSAGE**

Karin Gunderson will be offering concerts at Ankeny Holy Trinity Lutheran Church at 8:00, 9:30 and 11:00. There will also be an afternoon concert at Methodist Christian Life Center at 3:00. There are no ticket fees, but a free-will offering will be taken.

## **Monday, September 7**

### **TIME FOR LUNCH CAMPAIGN**

This potluck is designed to raise awareness of the need for real, healthy food for the more than 30 million children who participate in the national school lunch program. Nearly 32 percent of children ages 2 to 19 are considered obese or overweight. The Time for Lunch campaign asks people everywhere to contact their legislators and tell them to invest in the health of our children by allocating \$1 more per day per child for lunch. The campaign also seeks to protect against foods that put children at risk by establishing strong standards for all food sold at school. This potluck will be held from 1:00 to 3:00 p.m. on Monday, September 7 on the grounds of Edmunds School. Bring a blanket to sit on, table service and a dish to share.

## **Thursday, September 10**

### **CELEBRATE THE CHILDREN CONCERT**

The Story County Area Chapter of The Compassionate Friends will host a concert featuring Alan Pedersen. Alan is an accomplished singer and award winning songwriter and has been performing 25 years. He spent several years writing and recording music in Nashville and has had several songs recorded by other artists. Alan lost his 18year old daughter in an auto accident in 2001. He now speaks and plays his music for churches and grief organizations around the country. In 2008, he released his third CD of original music about the journey bereaved families must walk. His message is simple; grief and loss offer the opportunity for ordinary people to accomplish extraordinary things. He believes that healing begins when we once give of ourselves by helping others. The concert begins at 6:30 p.m. at Story County Medical Center, 630 Sixth St., Nevada, IA.

## **September 11-13**

### **“THE TRIP TO BOUNTIFUL”**

Four opening performances of this drama on Friday and Saturday at 7:30 p.m. and on Sunday at 3:00 p.m. and 7:00 p.m. are free of charge courtesy of Westminster Fine Arts Series. Extended run performances (Sept 17-20, 24-27, sponsored by Repertory Theater of Iowa, have an admission fee. Tickets for the extended performances are available at [www.rtiowa.com](http://www.rtiowa.com) or [www.iowatix.com](http://www.iowatix.com). The show will be at Westminster Church on the corner of Beaver and Franklin.

## **Saturday, September 12**

### **ANCHOR COFFEE HOUSE SEASON BEGINS AT WESTMINSTER CHURCH**

Blues performer Patrick Hazell will kick off the season with his original songs while playing piano, organ, harmonica and percussion at the same time. He is known for his original style which reflects jazz, blues, country, zydeco/Cajun, classical and folk/world music. Tickets cost \$12.00 in advance and \$15.00 at the door. The concert begins at 6:30 p.m.

## **Saturday, September 12**

### **SUPPORT GROUP: REBUILDING AFTER YOUR RELATIONSHIP ENDS**

This support group will be held at Westminster Church for six consecutive Saturdays from 1:00 to 3:00 p.m. This group is for those dealing with the pain of divorce, separation or broken relationships and will be led by a licensed mental health counselor, Dr. Susan Schiltz-Day, who will use the book *Rebuilding When Your Relationship Ends* by Dr. Bruce Fisher. The cost is \$25, and free childcare on request. The deadline for admission is September 4. For information or to sign up, visit [http://www.westpres.org/uploads/pdf/rebuilding\\_brochure\\_for\\_pdf.pdf](http://www.westpres.org/uploads/pdf/rebuilding_brochure_for_pdf.pdf) or call SherryL McAvoy at 993-3977.

### **Sunday, September 13**

#### **COUNTRY GOSPEL CONCERT: THE HEBRONS AND KELLY BISHOP**

Come and enjoy lots of good old gospel music plus some new ones you will enjoy. A potluck begins at 6:00 p.m. and the concert starts at 7:00 p.m. For more information, call 967-2328. The concert will be held at Bondurant Christian Church, and is free to the public.

### **Sunday, September 27**

#### **HEAD START PROGRAM**

Covenant Presbyterian Church will rededicate their partnership with Drake University in the Early Head Start Program. Now, on any given day, Covenant houses 60 children, providing safe classrooms, playground, an indoor recess room, and a socialization room to enhance the bond between parent-child. The Head Start programs are child-focused and have the overall goal of increasing the school readiness of young children in low-income families. Covenant Presbyterian is located at 1025- 28<sup>th</sup> St., West Des Moines. They invite the public to their celebration and rededication of the partnership beginning at 10:30 a.m.

## **OCTOBER**

### **Monday, October 5**

#### **COUNSELING CLASSES FOR OLDER ADULTS**

Volunteers over the age of 60 are being recruited for a free counseling training program. The next PEER Advocate Volunteer training begins on October 5 at Polk County Senior Services. Registration ends September 25. This six-day, twenty-hour training focuses on counseling, listening and referral skills. Successfully trained volunteers will help individuals 60 and older remain independent in the community through referrals to services. Trained volunteers offer support, assistance and information. Call 286-3679 for more information or to register for this class.

### **October 6**

#### **RAFFLE DINNER**

The Old Bags presents a raffle and dinner benefiting the Boys and Girls Clubs of Central Iowa. Raffle for a flight anywhere in the Continental U.S. on a private plane for you and six of your friends. Fuel and catering will be provided. Only two hundred raffle tickets will be sold for \$300 each. Seating at 10 tables of 8 can be reserved for \$2,000 for you and your guests. The raffle will be held at Des Moines Golf and Country Club. Purchase tickets by calling Kim Rundle at [Kruntle@bgcci.org](mailto:Kruntle@bgcci.org) or call Kim at 262-5695.

## **October 14-15**

### **PASTORS CONFERENCE**

Vermeer Corp will present a day-long conference with Pastor Jack Hayford. The event is specifically for pastors, focusing on leadership advancement for increasing ministry effectiveness and facilitating personal growth and renewal. On October 14, there will be an evening presentation open to the general public. Registrations will be required for the Oct. 15 conference. More details to follow.

## **October 10-13**

### **COMMUNITY FOOD SECURITY COALITION ANNUAL CONFERENCE**

The 2009 annual conference will include a special one-day gathering of state and local food policy council organizers and practitioners as well as plenary sessions on building networks for food system change, labor and immigration policy and strategies for change of the industrial food system. Also featured are 50 workshops, a food-film festival, six field trips, etc. Overlapping the Conference is the Iowa Hunger Summit on October 13 followed by the 2009 World Food Prize, “Borlaug Dialogue” symposium on October 14-16.

*For more information go to <http://communityfoodconference.org/13/>*

## **Thursday, October 15**

### **2009 FUTURENET CONFERENCE**

Elizabeth Schroeder, Ed.D., M.S.W. is Executive Director of “Answer, sex ed honestly” based out of Rutgers University. She is an internationally recognized trainer who has trained thousands of youth-serving professionals, adolescents and parents in the US and overseas. Her keynote will be “Brave New World: Teaching about Love, Dating and Communication to 21<sup>st</sup> Century Teens.” Morning workshops include “Teaching About Sexual Orientation,” “Redefining Fatherhood in the New Millennium,” and “Sistas, Informing, Healing, Living, Empowering.” Afternoon workshops cover, “Teaching Teen Age Boys,” “Deconstructing Sexual Assault,” and “Understand Differences between Gender Identity and Expression among Youth.” The conference will be held at Drake University in the Olmstead Center. Early-bird registration is due by September 25 and costs \$70.00. Later registration cost \$80.00. Student registration is \$25.00. With questions, contact Joy Esposito at 276-6788 or [joy@iowafuturenet.org](mailto:joy@iowafuturenet.org).

## **Sunday, October 16**

### **CREATING A HEALTHY CONGREGATION**

This conference is for congregational leaders and pastors and is sponsored by the Presbytery of Des Moines with support from Des Moines Pastoral Counseling Center. It is a primer on understanding the congregation as an emotional system within the basic concepts of Bowen Theory (family systems theory). The conference will be held at Plymouth Congregational church from 2:00 – 6:00 p.m. The cost is \$20 for individuals and \$35 for church groups.

*For more information, call 276-4991 or email [pbydesmoines@presbyteryofdesmoines.org](mailto:pbydesmoines@presbyteryofdesmoines.org).*

### **Thursday, October 22**

#### **IOWA DIALOG CONFERENCE**

This all-day conference presented by Iowa Dialog Center seeks to create a dialog between Christianity and Islam. The conference runs from 8:30 a.m. to 8:30 p.m. The opening address will be given by Dr. Scott Alexander, Dir. Catholic Muslim Studies at Catholic Theological Union in Chicago. Speakers include Dr. Marcia Hermansen, Director of the Islamic World Studies Program, Prof. of Theology at Loyola University and Scott Alexander, author of *Sisters: Women, Religion and Leadership in Christianity and Islam*. Registration is \$35.

*For more information, email Harun Parpuccu at [Dialogforall@iowadialog.org](mailto:Dialogforall@iowadialog.org) or call 319/230-7408.*

### **Friday, October 23**

#### **CHURCH WOMEN UNITED 2009 IOWA STATE ASSEMBLY**

This annual meeting runs from 9:30 a.m. to 3:00 p.m. at Grace Methodist Church, 3700 Cottage Grove Ave., in Des Moines. Registration costs \$15.00 and includes lunch and materials.

*With questions, contact Beverley Wilson or Kathleen Clark at 274-1428.*

### **Saturday, October 24**

#### **REGGIE'S SLEEP OUT**

This program is sponsored by Iowa Homeless Youth Centers. Participants spend the night sleeping outside in order to raise awareness and support for homeless youth with 25% of proceeds going to DMARC's Emergency Food Pantry. This year's event at Drake Stadium will feature live entertainment, education pieces, a box design contest, games, food and a photo booth with commemorative Reggie's Sleep out 2009 film strips. This year, DMARC will be collecting canned food items and hosting exciting contests. We are also sponsoring an inter-faith prayer service on Sunday morning for all participants. To volunteer, form a team, contact Toni Nichol, at [tnicol@yss.ames.ia.us](mailto:tnicol@yss.ames.ia.us).

## **ANNOUNCEMENTS**

### **Senior College of Greater Des Moines**

The Senior College of Greater Des Moines is offering a course in "Introduction to Islam" this fall. The course will discuss the basic beliefs, the Five Pillars of Islam and general information on the revelation of the Quran as well as the history and life of the Prophet Mohammad. The class will meet at the Muslim Community Organization and Mosque at 1117 42nd St. There will be four weekly sessions of two hours each beginning October 5 from 10:00 a.m. to noon. The cost is \$48.00. To register, visit [www.myseniorcollege.com](http://www.myseniorcollege.com) or call 244-0631.

## **Disaster Preparedness Month**

September is national “Disaster Preparedness” month. The Iowa Disaster Human Resources Council, the Iowa Department of Homeland Security and Emergency Management, the Rebuild Iowa Office and the Federal Emergency Management Agency encourage everyone to look at their own personal preparedness for disaster, as well as the disaster preparedness of their community, churches and organizations.

Between 1990 and 2008 there were over 20 presidentially-declared disasters in Iowa, affecting all 99 counties. The frequency rate was from a low of two to a high of thirteen. Speakers are available to go to churches and other community organizations and make presentations about disaster preparedness. Also, there are materials available to groups to share with their members who help in developing church and organizational preparedness, family preparedness and personal preparedness. Call Jim or Linda, Voluntary Agency Liaisons with FEMA, at 515-251-3539 to schedule a presentation or to receive informational brochures.

Visit DMARC’s website to view Homeland Security’s Disaster Preparedness Template for faith-based organizations.

## **New Healthcare Office for Women**

In the United Way Building there is a new healthcare office. This office provides women with healthcare services with or without insurance. They offer services in three languages. No questions asked concerning legal status.

## **Drake Farmers’ Market**

The market is open Wednesday from 4:00 -7:00 p.m. beginning June 3 and running **through September 24** in the First Christian Church parking lot. You can find Iowa grown produce, baked goods, flowers and plants, snacks, meals, sandwiches and crafts. On opening day, the Rev. Tim Diebel will offer a blessing of the market. The Des Moines Menace are guests; Anderson Erickson will offer free treats. Music will be provided by Arnie Williams. Also Jerry and the Moonlighters will play live at 5:00 -6:30 p.m.

## **Calling All Gardeners**

The Urbandale Food Pantry is asking for your help in providing fresh, nutritious produce to our clients this summer. As you plant your garden this spring, please consider planting a little extra and donating your surplus fruits and veggies to the Urbandale food pantry. Donations will be accepted during the URBANDALE pantry’s normal operating hours of 10:00 a.m. – 2:00 p.m. on Mondays, Wednesdays and Thursdays. If you are unable to deliver it during these hours, please call 251-6688. Call DMARC at 277-6969 for other pantries accepting fresh produce.

## **Group Spiritual Direction**

Des Moines Pastoral Counseling Center offers this service through a process in which a small group of seekers companion one another in exploring one's personal spirituality under the guidance of an experienced spiritual director. There are one group for clergy and one for lay persons. Groups are limited to 5-6 persons and are facilitated by Kathy Reardon, R.M., M.S., spiritual director. Groups will meet for two hours beginning with two sessions in September 2009 and meeting monthly through June of 2010. Times will be determined by the needs of groups. The cost is \$45 per session with an interview required.

*Contact Kathy Reardon at Des Moines Pastoral Counseling Center 274-4006 or [kreardon@dmpcc.org](mailto:kreardon@dmpcc.org).*

## **Pastoral Care Specialist Program**

The Des Moines Pastoral Counseling Center is offering this two-year program as a competency-enhancing program designed for professional development and renewal of pastors, chaplains, and other persons involved in ministries of pastoral care. The program provides an enriching blend of psychology and theology, as well as theory and practice, while encouraging the sharing of learned lessons. Meeting monthly at the Center, participants solidify what they already do well and integrate new knowledge and skills. Topics vary each year. This year's program begins September 8 and runs through June 8, 2010 on Tuesdays from 8:45 a.m. – 12:00. Tuition is \$500 for each of the two years.

*For more information, contact Peter Brantner, M.S. at 274-4006 or [pbrantner@dmpcc.org](mailto:pbrantner@dmpcc.org).*

*Deadline for applications September 3*

# **VOLUNTEER OPPORTUNITIES**

## **HELP MAKE YOUR COMMUNITY LEAD SAFE**

There's a temporary need for 400 square foot rooms for child care sites. The metropolitan Partnership for Lead Safe Housing will be repairing lead hazards in child care provider's houses in Polk County, and it's necessary to vacate the property during the repair process so inhabitants are not exposed to the poisonous lead dust. We are looking for locations that can offer a 400 sq ft room located on street level. The room needs to be within 50 feet of a bathroom with parking available. The space will be used from 6:00 a.m. to 6:00 p.m. Monday through Friday. Kitchen facilities are helpful. The room would be maintained by the caregiver and cleaned professionally. Each group would be using the facility from 7 to 21 days. In return for your generosity, MPLSH will equip the room with age appropriate equipment for 7 children ranging from 6 weeks to 5 years. The facility can use room if not being used by MPLSH client, and the facility can retain furniture and equipment at end of grant period.

*Please contact Barbara Grundleger at 323-5336 or email [Barbara.grundleger@polkcountyiowa.gov](mailto:Barbara.grundleger@polkcountyiowa.gov).*

## **Iowa Justice for our Neighbors**

JFON is a unique program which is meeting the critical need of low-income immigrants in our community for free professional legal help with their immigration process. Once immigrants have achieved stability in their immigration status, they are able to participate more fully in their community and schools.

Volunteers are the backbone of Iowa Justice for Our Neighbors. A volunteer serves as executive director and the coordinators at all four legal clinic sites are volunteers. At monthly legal clinics, volunteers welcome clients, conduct the intake interviews, and provide child care. Volunteers also receive educational information about immigration and pass it on to their congregations to help create a welcoming atmosphere for immigrants in their communities.

Churches who would like the opportunity to help immigrants achieve the stable immigration status for which they are eligible can contact Doris Knight, Executive Director at 277-4719 or [dorknight1@cs.com](mailto:dorknight1@cs.com).

## **ESL Classes and volunteer training**

Trinity United Methodist Church will train ESL (English as a Second Language) volunteers, focusing on teaching strategies. Joan Looker, an ESL teacher with the Des Moines Public Schools will teach. Classes will start the first Tuesday of September and are held Tuesdays and Thursdays from 6-8 PM. Trinity has been offering free ESL classes for about 6 years and last year served over 120 adults while caring for their children in a free childcare program.

*Trinity UMC is located at 1548 8<sup>th</sup> St.*

*For more information call Wendy Vasquez at 771-8656*

## **Free Store Needs**

The Free Store helps CFI Domestic Violence Services clients. This year through May they have had 109 requests, including 164 children who have received 151,000 lbs of furniture worth \$165,000. They have a need for strong people who can pick up furniture on Monday, Wednesday and Friday mornings and help move furniture for clients on Saturday mornings.

*For more information or to schedule a pickup call 225-2020 x4 or [www.thefreestore.org](http://www.thefreestore.org).*

## **PEER Advocate Program**

This program is seeking volunteers age 60 or older to serve as advocates for seniors in Polk County. PEER advocates help seniors live independently in the community by connecting them with existing services. Duties may include delivering meals to someone who was recently hospitalized, sharing information or assisting in applications for community programs. PEER Volunteers empower themselves by helping others. Training provided.

*Call Ranae at 286-2112 for more information.*

## **Iowa Homeless Youth Centers**

IHYC is looking for a volunteer or group to provide yard work on weekly or bi-weekly basis at the Lighthouse Host Home. Needs include mowing, weeding, raking. Supplies are provided. Lighthouse is at 1216 MLK Pkwy.

*Contact Toni Nicol at 262-1222.*

## **EMPLOYMENT OPPORTUNITIES**

### **Coordinator of the Center for Active Nonviolence and Peacemaking**

The Sisters of St. Francis located in Clinton, Iowa are seeking a person for the position of co-coordinator of our Center for Active Nonviolence and Peacemaking. This person is expected to work as part of a team with two other persons to coordinate advocacy, communications, collaboration and outreach efforts and will have primary responsibility for organizing e-mail list serves, using technology for advocacy and personal outreach. A Bachelor's degree or equivalent, proficiency in MS Office Suite and use of Internet for advocacy are required. Experience with non-profit organizations and in organizing education programs is preferred as well as a commitment to the mission of the Sisters of St. Francis and the social teachings of the Catholic Church.

*Send resume with cover letter to Sisters of St. Francis, 843 13<sup>th</sup> Ave. North Clinton, IA 52732 or email [president@clintonfranciscans.com](mailto:president@clintonfranciscans.com). For more information, contact Sister Jan Cebula at 563-242-5631.*

**DMARC PREFERRED PERSONAL PRODUCTS DONATION SITES:**

Needed items include: *diapers, baby wipes, baby powder, deodorant, toothbrushes, toothpaste, shampoo, bars of soap, razors and feminine hygiene products.*

**BIDWELL RIVERSIDE CENTER**, 1203 Hartford Ave., DM 50315 244-6251

Contact: Josh/Cassie

**CITY OF WEST D.M. HUMAN SERVICES**, 318 5<sup>th</sup> St., WDM 50265 222-3660

Contact: Tammy Lage

**COMMUNITY SERVICES SITE ON 6TH**, 1618 6<sup>th</sup> Ave., DM 50311 248-6241

Contact: Danita Parker

**DOWNTOWN FOOD PANTRY SITE**, 701 Grand Ave., DM 50309 243-1381

Contact: Phil Werner

**IOWA HOMELESS YOUTH CENTERS**, 1219 Buchanan St., DM 503126 265-1222

Contact: Toni Nicol

**RED ROCK COMMUNITY ACTION PROGRAM**, Neveln Resource Center, # 305, 406 SW School St., Ankeny, 50023 965-0433 Contact: Sharon Brooks

**ST. MARY FAMILY CENTER**, 1815 Hubbell Ave., D.M. 50316 262-7290

Contact: Susie Paloma

**SALVATION ARMY SOCIAL SERVICES**, 1300 6<sup>th</sup> Ave or 1216 E 25<sup>th</sup> Ct., DM 50314/ 50317- 282-3422/ 266-3156 Contact: Shireen Braman/Joanne Norelius

*All preferred sites report collections to DMARC which allows us to track distribution and to better serve those in need.*

**OTHER DONATION SITES:**

**BEACON OF LIFE (WOMEN)**, 1717 Woodland Ave, DM 50309, 244-4713 Contact: Ruth Hardin

**BETHEL MISSION**, 1310 6<sup>th</sup> Ave., D.M. 50314 265-7272 Contact Lisa (Office)

**CENTRAL IOWA SHELTER SERVICES**, 265 15<sup>th</sup> St., D.M. 50309 284-5719 Contact: Jean Brown

**CHILDREN AND FAMILIES OF IOWA**, 1111 University Ave., D.M. 50314 288 1982 x 321 Contact: Cindy Hickman

**CROSS MINISTRIES**, 1050 24<sup>th</sup> St., D.M. 50311 279-8877 Contact: Ann McGowan

**EVELYN DAVIS EARLY LEARNING**, 1409 Clark St., D.M. 50314 243-4212

**HOUSE OF MERCY**, 1409 Clark St., D.M. 50314 643-6500 Contact: Front Desk

**LUTHERAN SERVICES OF IOWA**, 3125 Cottage Grove (deliveries) D.M. 50311 271 7411

Contact: Karen Sullivan

**YOUNG WOMEN'S RESOURCE CENTER** , 705 E. 2<sup>nd</sup> St., Des Moines, IA

244-4901 Contact: Heather Soener.

**YOUTH EMERGENCY SERVICES AND SHELTER**, 918 11<sup>TH</sup> St. SE, D.M. 50309 282-9377 Contact: Jana Daisy