

DMARC E-Bulletin

For the week of June 22, 2009

Here are this week's announcements. Please help publicize these events in your congregation's bulletin, newsletter or bulletin board or pass the information to someone who can benefit from it.

DMARC ANNOUNCEMENTS

DMARC at the I-Cubs

All summer long at Sunday home Iowa Cubs games, fans can bring three canned food items to donate in exchange for a free general admission ticket. For \$3.00 more, tickets can be updated to Reserve Grandstand Seating. The dates of the games are July 19, August 23, August 30 and September 6.

DMARC PREFERRED PERSONAL PRODUCTS DONATION SITES:

Needed items include: *diapers, baby wipes, baby powder, deodorant, toothbrushes, toothpaste, shampoo, bars of soap, razors and feminine hygiene products.*

BIDWELL RIVERSIDE CENTER, 1203 Hartford Ave., DM 50315 244-6251

Contact: Josh/Cassie

CITY OF WEST D.M. HUMAN SERVICES, 318 5th St., WDM 50265 222-3660

Contact: Tammy Lage

COMMUNITY SERVICES SITE ON 6TH, 1618 6th Ave., DM 50311 248-6241

Contact: Danita Parker

DOWNTOWN FOOD PANTRY SITE, 701 Grand Ave., DM 50309 243-1381

Contact: Phil Werner

IOWA HOMELESS YOUTH CENTERS, 1219 Buchanan St., DM 503126 265-1222

Contact: Toni Nicol

RED ROCK COMMUNITY ACTION PROGRAM, Neveln Resource Center, # 305, 406 SW School St., Ankeny, 50023 965-0433 Contact: Sharon Brooks

ST. MARY FAMILY CENTER, 1815 Hubbell Ave., D.M. 50316 262-7290

Contact: Susie Paloma

SALVATION ARMY SOCIAL SERVICES, 1300 6th Ave or 1216 E 25th Ct., DM 50314/ 50317- 282-3422/ 266-3156 Contact: Shireen Braman/Joanne Norelius

YOUNG WOMEN'S RESOURCE CENTER, 705 E. 2nd St., Des Moines, IA 244-4901 Contact: Heather Soener.

All preferred sites report collections to DMARC which allows us to track distribution and to better serve those in need.

Sack Saturday Opportunities

Are you looking for a way to get more involved in the community? Each month the Des Moines Area Religious Council seeks volunteers to participate in Sack Saturdays. Participants are asked to commit two hours to greeting shoppers at local grocery stores and encouraging either their purchase of sacks of food items costing \$5.00, individual items of food (such as peanut butter, cereal, pasta, soups) or cash. The food items collected are used to supply local food pantries in the Des Moines area. Money collected is used to purchase additional food items. This is an ideal opportunity for church, business or civic groups to work together to help meet a need in our community.

To sign up for a Sack Saturday, contact Cindy Morton at 277-6969 or 238-4593.

DMARC Emergency Food Pantry Needs Paper Grocery Bags

DMARC's nine food pantries are in need of paper grocery bags in good condition. The pantries re-use paper sacks for packing food items to be given out to those in need. Large quantities of these paper sacks are consumed in the process, and the need is ongoing. Purchasing paper grocery sacks is not possible due to cost, and therefore, recycling paper sacks for this purpose is our only option. If you have extra paper sacks, you can drop them off at DMARC or any of our nine pantry locations.

UPCOMING EVENTS

Next deadline July 3

JUNE

Monday, June 22

WORLD RENOWNED MORMON TABERNACLE CHOIR

The Mormon Tabernacle Choir composed of 360 vocalists and accompanied by the Orchestra at Temple Square will perform at Wells Fargo Arena, 7:30 p.m. The Choir will perform American folk songs, spirituals, hymns and choral masterworks. Tickets are available at all Dahl's Foods locations, online at www.dahlstickets.com. Choir Directors with groups of 20 or more get a discount and can attend a rehearsal.

Call 564-8146 to make arrangements.

Monday, June 22

WORKSHOP: SUCCESSFUL LIVING WITH CHRONIC CONDITIONS

Iowa Healthy Links is sponsoring this six week workshop to show you how to feel better managing your conditions. The workshop is for people affected by long-term health issues like Arthritis, Heart Disease or Stroke, Asthma or Lung Disease, Diabetes, Parkinson's and Osteoporosis.

To register call Polk County Health Department at 286-3767.

Thursday, June 25

TEAM TYPE 1

The triathlete Team Type 1 strives to instill hope and inspiration for people around the world affected by diabetes. Through active management, one can achieve their goals, dreams, and potential. Members from the team will share their stories which revolve around diabetes and living their dreams at Iowa Health in beginning at 6:30 p.m.

For more information, contact Sue Freeman at 241-5075.

Thursday, June 25

ENCOUNTERING IRAN

Karla Hansen, peace activist and Ismael Hossein-zadeh will present an evening documenting their recent seven-week stay in Iran. Ismael, an Iranian born Kurd, is a Drake University Professor of Economics and author of “The Political Economy of US Militarism”. They will share experiences of dining, dancing, crying, laughing and leaping over the fire in the Zoroastrian tradition with Iranians. This evening runs from 7:00 – 9:00 p.m. at Meredith Hall in Drake University. There will be a free will offering to support the sponsor, Progressive Coalition of Central Iowa.

Saturday, June 27

ATAXIA GROUP

The National Ataxia Foundation is forming a new group in the Des Moines area.

Patients with ataxia, their families, care givers and friends are invited to attend the first meeting from 2:00 – 4:00 p.m. featuring Dr. Robert Rodmitzky of the University of Iowa. R.S.V.P. for the meeting to Emily Medina at 727-8713 or emily061578@yahoo.com by noon on Friday, June 26.

JULY

Wednesdays in July

“GREEN” SUMMER FUN NIGHTS

Capitol Hill Christian Church is sponsoring nights of crafts, service projects, snacks and storytelling at Fairmont Park. There will also be some adult discussion around the circle during some of the children's activities. Everyone is welcome.

July 7, 9, 14, and 16

YOUNG AT ARTS CHRISTIAN MUSIC CAMP

St. Anne’s Episcopal Church in Ankeny presents “Young at Arts” – Christian Music Camp led by professional instructor Judi Ann Brown for ages 4 – 14. This Camp will provide a multi-cultural experience emphasizing fun, affirmation and creativity. Classes are from 5:30 to 7:30 p.m. The cost is \$40.

Visit the church website at www.saechurch.org or call 964-5152 for more information.

Friday, July 10

RELAY FOR LIFE

The American Cancer Society of Polk County is sponsoring this exciting event with kid's activities, games, entertainment, raffles, a silent auction, music and food. To form a team visit www.relayforlifeofpolkcounty.com or contact Eric Gudmundson at 727-0065.

Wednesday, July 15

BACK-TO-SCHOOL HEALTH FAIR

The 9th Annual Back-to-School Health Fair sponsored by Children and Family Urban Ministries in conjunction with Moulton Extended Learning Center's "Back to School Open House" benefited over 500 students and families last year with free school physicals, school supplies and community resources. Volunteers are needed for the planning team, donating school supplies, purchasing gift cards for door prizes and help with the cost of string bags for every student to ensure that this year is even better.

To volunteer, contact Kristin Maahs at krismaahs@msn.com or 238-8978.

Wednesday, July 22

I-CUBS SILENT AUCTION

The Iowa Homeless Youth Centers and the Des Moines Area Religious Council's Compassion in Action Program will host their annual silent auction at the I-Cubs game. The auction is a fundraiser for our programs and proceeds will go toward helping youth and families in need. Items to be auctioned off include sports memorabilia and fun packages.

With questions, please contact the DMARC office at 277-6969.

Saturday, July 25

ANNIVERSARY CELEBRATION

The Fort Des Moines Museum and Education Center is having a five year anniversary celebration from 5:00 – 7:00 p.m. featuring a silent auction, wine and heavy hors d'oeuvres, and special guest speaker Maj. Gen. James A. Cheatham, U.S. Army Materiel Command assistant deputy commanding general for Reserve Affairs. Tickets cost \$25.00 per person. To register, contact Adrienne Windley at awindley@qwestoffice.net.

AUGUST

August 3-7

CHILDREN'S FINE ARTS CAMP

Discover God's Story through the Arts! The Children's Fine Arts Camp will be held August 3-7, from 9:30 a.m. to noon. Children will be treated to learning about a variety of musical instruments and prepare for a finale musical, *David and Goliath*. The musical will be held on Sunday, August 8 at the 8:30 worship service. The camp is open to the public; there is a small registration fee. The camp is for students who are K-6th grade.

Contact Mark Babcock at mark@stmarkwdm.org for more information.

August 6-7

BACK-TO-SCHOOL GIVEAWAY

CROSS Ministries is planning for the 17th Annual Back-to-School Giveaway to be held on August 6 and 7 at Cottage Grove Ave. Presbyterian Church. Last year they were able to assist more than 800 children from low and no-income families with the supplies they needed to begin school. With the challenges of the current economy, the demand could be even greater this year. They would appreciate any help you might be able to give. Because of the need to package the supplies for various grade levels prior to the giveaway, they are asking for the donations to be made by Friday, July 31.

LOOKING AHEAD

SUNDAYS THIS COMING FALL AT 4:00 P.M.

Sunday, Sept 20 – the Iowa State Wind Ensemble will be featured with Dr. Tin-shi Tam, organist. The program will include Widor's *Salvum fac populum tuum* and Ron Nelson's *Pebble Beach Sojourn* for organ and wind ensemble.

Sunday, October 18 - Organist Timothy Albercht will present a recital. Professor Albercht is the University organist and Chair of the graduate organ degree program at Emory University.

Sunday, November 15 will feature Mahlon Darlington, violin, Jonathan Sturm, violin/viola, George Work, cello, and Tin-shi Tam, organ. This program will include Dupre's *Quartet, Op. 52*, and Sammartini's, *Concerto No. 1 in A Major*
.First Methodist Church, 10th & Pleasant
Des Moines, IA

October 14-15

PASTORS' CONFERENCE

Vermeer Corp will present a day-long conference with Pastor Jack Hayford. The event is specifically for pastors, focusing on leadership advancement for increasing ministry effectiveness and facilitating personal growth and renewal. On October 14, there will be an evening presentation open to the general public. Registrations will be required for the Oct. 15 conference. More details to follow.

ANNOUNCEMENTS

JOIN THE ST. MARK OBERAMMERGAU 2010 TOUR

Travel to the Passion Play in Germany – 14 spaces still available. Membership at St. Mark not required. Brochures are available from the office at 1115 Grand Ave, West Des Moines.

*Church website: www.stmarkwdm.org
Or call Pastor Mike or Chris Foss at 515 978 4349*

Drake Farmers' Market

The market is open Wednesday from 4:00 -7:00 p.m. beginning June 3 and running through September 24 in the First Christian Church parking lot. You can find Iowa grown produce, baked goods, flowers and plants, snacks, meals, sandwiches and crafts. On opening day, the Rev. Tim Diebel will offer a blessing of the market. The Des Moines Menace are guests; Anderson Erickson will offer free treats. Music will be provided by Arnie Williams. Also Jerry and the Moonlighters will play live at 5:00 -6:30 p.m.

Calling All Gardeners

The Urbandale Food Pantry is asking for your help in providing fresh, nutritious produce to our clients this summer. As you plant your garden this spring, please consider planting a little extra and donating your surplus fruits and veggies to the Urbandale food pantry. Donations will be accepted during the URBANDALE pantry's normal operating hours of 10:00 a.m. – 2:00 p.m. on Mondays, Wednesdays and Thursdays. If you are unable to deliver it during these hours, please call 251-6688

URBANDALE FOOD PANTRY LOCATED AT 7611 Douglas Ave., Suite 31

Partnering in Communities

This project is designed for community leaders who have a stake in quality of life for families. The project will result in a collaborative action plan for providing knowledge and skills to families in key areas that affect their children's learning. Participants will communicate and demonstrate a personal sense of influence to support parents in their role of helping their children learn. Participants will help develop a community environment that supports parents in their role of helping their children learn. Sponsored by the US Dept of Education through Iowa State University Extension.

Contacts: Jane Neff jeneff133@mac.com

Kim Greder kgreder@iastate.edu

Free Health Clinic

First Christian Church and the Boys and Girls Club are offering a free health clinic funded by a grant from Blank Children's Hospital. The clinic runs through **June** and is open to area residents up to age 21. A Licensed Family Nurse-Practitioner will staff the clinic and perform examinations, school/sports physicals and basic sick care along with some vaccinations and writing necessary prescriptions.

First Christian Church, 2500 University Ave.

Open Thursdays from 4:00 – 7:00 p.m. on Mezzanine of the church.

Debtors Anonymous Meeting

This is self-help consumer provided program for people with debt or financial problems. The moderator is an individual with experience in the area of Debtors Anonymous meeting facilitation. Meetings are sponsored by Central Iowa Center for Independent Living and are held on the second Tuesday of each month from 2:00 – 3:00 p.m. at 655 Walnut St., Ste. 141 in Des Moines.

Making Home Affordable Program

Designed to assist American families to refinance or modify their loans to a monthly mortgage payment that is more affordable, this program is free through HUD. Don't be taken in on a scam. You do not have to pay to be assisted through HUD. If you're trying to modify or refinance your loans to a monthly mortgage payment that is more affordable, visit the Making Home Affordable website at **makinghomeaffordable.gov**. You can also call the Homeowner's HOPE hotline at 1-888-995-HOPE for free foreclosure counseling assistance.

Spring 2009 Parent Enrichment Classes

The Child Abuse Prevention Council is sponsoring various classes including parenting children 0-5 years, parenting school age children, parenting children with difficult behavior; strengthening families, real life parenting skills, and helping children succeed in school. Classes are free and some provide child care and a meal.

For more information or to register call 725-2682.

VOLUNTEER OPPORTUNITIES

PEER ADVOCATE PROGRAM

Seeking volunteers, age 60 or older to serve as advocates for seniors in Polk County. PEER advocates help seniors live independently in the community by connecting them with existing services. Duties may include delivering meals to someone who was recently hospitalized, sharing information or assisting in applications for community programs. PEER Volunteers empower themselves by helping others.

Training provided.

Call Ranae at 286-2112 for more information

Des Moines Parks and Recreation

DATA BASE ENTRY – Assist with data base entry to better match volunteers with open opportunities that can utilize their skills. Hours & Location flexible.

Save the lilacs – Time has taken its toll on this historical area. Volunteers needed to save and restore lilacs. Work together to remove old blooms and mulch lilacs. Schedules flexible.

Help Gray's Lake Go Green – Restore the lakeshore, river edge and view to downtown by helping remove invasive trees that are blocking the landscape. Weed, remove old growth and help plant for the future.

Cemetery Stewards – Glendale, Oak Grove, Sims, Laurel Hill, Woodland, St. Ambrose. Pick up litter, trim around monuments, cut back dead flowers, monitor for holes, sunken stones and vandalism. Monthly or weekly basis. Blocks range from ¼ acre to an acre. Schedule a regular time that works best for you.

*Des Moines Parks & Recreation Volunteer Coordinator
2501 Maury, Des Moines, IA 515 248-6380*

Hospice Volunteers Needed

“Nobody can do everything, but everyone can do something.” Hospice volunteers needed to share conversation, hold a hand, bake a cake, and give a hug. For those not previously trained, training is available, Thursdays June 11th, June 18th, and June 25th, 2009, 6:00 – 9:00 p.m.

*At WESLEY ACRES, 3520 Grand Ave., Des Moines
Call Alyssa Englund, Volunteer Coordinator for application
515/271-6775 or aenglund@wesleyservices.org*

IOWA HOMELESS YOUTH CENTERS

Looking for a volunteer or group to provide yard work on weekly or bi-weekly basis at the Lighthouse Host Home. Includes mowing, weeding, raking. Supplies provided. Lighthouse is at 1216 MLK Pkwy.

Contact Toni Nicol, IHYC 262-1222 ; 249-2225

EMPLOYMENT OPPORTUNITIES

CHOIR DIRECTOR WANTED – at Christ Lutheran Church

Rehearsal at 9:00 a.m. and worship at 10:00 on Sundays. Once a month committee meetings at 2nd Thursday at 6:00 p.m.

*Christ Lutheran is at 6411 SE 5th St., Des Moines 50315
Send resume or contact Jane White at 515 256-6437*