

# DMARC E-VOICE

For the week of July 19, 2010

Formerly known as the E-Bulletin.

Watch for a new user-friendly version of the DMARC E-Voice coming soon!

Be sure to send us your updated email address if you anticipate changes.

## **Give Your Fresh Garden Produce to DMARC**

We gratefully accept food donations straight from your garden. Yes, these donations are tax deductible as allowed. You may deliver fresh produce to the DMARC Emergency Food Pantry warehouse, Monday-Thursday, 8 a.m. to 4:30 p.m. We appreciate fruits and vegetables that are far before prime ripeness. So far in 2010, DMARC has provided over 38,000 pounds of fresh produce to food pantry clients.

## **Meals from the Market**

In its second year at the Des Moines Downtown Farmers Market, this program provides fresh produce to the DMARC Emergency Food Pantry network by accepting fresh food donations from farmers market vendors. Volunteers are needed to help DMARC load and deliver the fresh produce to the DMARC warehouse on Saturdays until the end of October. More volunteers are needed to process donations on Mondays. DMARC is grateful for this source of fresh food. If you can volunteer, please contact Elisabeth Ballasted, DMARC Food Pantry Director, 515-277-6969, [foodpantry@dmreligious.org](mailto:foodpantry@dmreligious.org).

## **Save the Date-- Reggie's Sleep Out October 16, 2010; Drake Stadium**

Register now to sleep under the stars so kids can reach them. This event honors the memory of Reggie Kelsey, a young man who aged out of foster care, experienced homelessness, and whose body was pulled from the Des Moines River three months later. Proceeds to benefit DMARC and its partner, Iowa Homeless Centers. Register and donate at [www.reggiessleepout.org](http://www.reggiessleepout.org).

## **DMARC's Summer Hours**

The DMARC Emergency Food Pantry centralized warehouse and office has started its summer hours, closing one hour early on Fridays. Summer hours are:

Monday to Thursday, 8 a.m. to 4:30 p.m.

Friday, 8 a.m. to 3:30 p.m.

## **DMARC Job Posting**

DMARC is seeking a part time Events Manager to promote the work of the Des Moines Area Religious Council by planning signature fundraising and other kinds of events for the organization and by coordinating DMARC's involvement in events hosted by external partners and donors for the benefit of the organization and its work. For a full job description, [click here for a pdf](#). For more information, contact Sarai Schnucker Rice, DMARC Executive Director, [sarai@dmreligious.org](mailto:sarai@dmreligious.org).

## **THANK YOU! DMARC Diaper Central final count surpasses goal!**

The final count was 60,113 diapers! Many thanks to all! The diapers will help about 1,300 low-income families with toddlers and babies ages 24 months and younger. We continue to collect diapers, with a special need for size 2 and up, including training pull-up diapers. [Download a printer-friendly pdf flier here](#). Or click on: Diaper Central. Or visit [www.dmreligious.org](http://www.dmreligious.org), click on Services, then click Emergency Food Pantries.

### **DMARC at the I-CUBS**

The Iowa Cubs are once again supporting the DMARC Emergency Food Pantry this season. Fans can bring a donation of three canned good items (see most need foods list on front page of this document) to any Sunday home game and receive a free general admission ticket which can be upgraded to reserved grandstand status for \$3.00. Qualifying games begin at 1:05 p.m. The remaining dates are: August 8, September 5, and August 22.

### **Sack Saturday Opportunities**

Are you looking for a way to get more involved in the community? Each month the Des Moines Area Religious Council seeks volunteers to participate in Sack Saturdays. Participants are asked to commit two hours to greeting shoppers at local grocery stores and encouraging either their purchase of sacks of food items costing \$5.00, individual items of food (such as peanut Butter, cereal, pasta, soups) or cash. The food items collected are used to supply local food pantries in the Des Moines metro area. Money collected is used to purchase additional food items. This is an ideal opportunity for church, business or civic groups to work together to help meet a need in our community. To sign up for a Sack Saturday, contact Cindy Morton, DMARC Red Barrel Coordinator, at 277-6969 or 238-4593.

### **DMARC Emergency Food Pantry Needs Paper Grocery Bags**

DMARC's nine food pantries are in need of paper grocery bags in good condition. The pantries re-use paper sacks for packing food items to be given out to those in need. Large quantities of these paper sacks are consumed in the process, and the need is ongoing. Purchasing paper grocery sacks is not possible due to cost, and therefore, recycling paper sacks for this purpose is our only option. If you have extra paper sacks, you can drop them off at DMARC or [any of our nine pantry locations](#).

## **COMMUNITY EVENTS**

Next submission deadline August 5 by noon.

### **Iowa Healthy Links – Better Choices/Better Health Program**

**Wednesdays, July 7–August 11, 6-8:30 p.m**

Also known as Chronic Disease Self-Management Program. Developed by Stanford University. Being held at two sites, Northwest Community Center, 5110 Franklin Ave. Also at Iowa Methodist Hospital, 1200 Pleasant, Powell 1, Room 101, Monday's July 12 through August 16, 6 to 8:30 p.m. For more information and to pre-register, contact Jessica Sheets at 515-323-5234 or visit [www.polkcountyiowa.gov/health](http://www.polkcountyiowa.gov/health).

### **Anatomy of Iowa Floods; Preparing For The Future**

**July 19, 4-6 p.m.; Ames City Council Chambers**

Nearly 700 Iowa communities were impacted by the 2008 disasters. Learn how to reduce future flood damage. Hosted by the U of Iowa's Center for Global and Regional Environmental Research and others. For more information, contact Joe Bolkcom, [joe-bolkcom@uiowa.edu](mailto:joe-bolkcom@uiowa.edu) or 319-353-2681

### **Tourette Syndrome Association of the Great Plains – Iowa Support Group**

**Saturday, July 24–1 p.m., Cornerstone Baptist Church, 701 E. 1<sup>st</sup> St., Ankeny**

Meet new families and individuals dealing with Tourette Syndrome, political cartoonist for the Omaha Herald for 20 years. Jeff, who has Tourette Syndrome along with his dad, will speak and promote his book, "Inklings." For newspaper articles on Jeff's book visit

<http://omaha.com/article/20091109/LIVING/711099923> For more information on the group visit [www.gptourettesupport.org](http://www.gptourettesupport.org)

**Concert to Benefit Bidwell Riverside Center, a DMARC partner**

**Saturday, July 24, 6:30 p.m.; Grace United Methodist Church, Des Moines**

Attend a concert provided by Josh & Dawn Morgan. Bring your friends, neighbors, relatives to hear this wonderful musical duo. All will begin on Saturday July 24th at 6:30 pm. It is a Christmas in July concert with all Christmas music and a free-will offering will be taken with all proceeds to go to Bidwell Riverside Center. For more information, contact Bob Crandell at 515-244-6251.

**“Wild About God”, Gospel Brunch Concert**

**July 25, 10 a.m.–12:45 p.m.; West Des Moines Sheraton Hotel, 50<sup>th</sup> and University**

Sponsored by Read to Me Foundation a non-profit organization that supports Literacy for children who live in underserved neighborhoods. The concert on July 25 will be followed by concerts on August 22 and Sept 26, all at the. Performing live will be Dondino, featuring Grammy Winner Nathaniel Best, the Gospel Freedom Adult Choir and the Children's Choir, and the Gospel Swing dancers. Sponsors needed for all these concerts. Contact: Donna Gummelt, tel: 515-274-1385. For more information, visit:

<http://www.readtomefoundation.org/UPCOMING-EVENTS.html>

**CACTUS -- Creative Arts Camp: Together Under the Sun**

**July 26- 30, 8:30 a.m.–2:30 p.m.; Westminster Presbyterian Church**

This day camp offers children in grades three through eight opportunities to immerse themselves in the arts. The camp curriculum includes vocal development, movement, drama, musical instruments, visual arts and creative writing, all taught by experienced curriculum. The theme this year is "Living in Peace". Cost is \$15.00 per child. To register, call 515-274-1534 or download a form at [www.westpres.org](http://www.westpres.org)

**Host Families Needed for Russian Guests**

**July 28 –August 18**

The Iowa Council for International Understanding (ICIU) is hosting ten Russian-speaking visitors through USAID's Community Connections program and need help to provide home stays and ensure our visitors have a great experience in Iowa. The guests are farmers, government officials and veterinarians from Turkmenistan. A minimum of three nights per home stay is desired. Hosts are responsible for feeding the visitors breakfast and dinner and transporting them to and from the Quality Inn and Suites (by Wells Fargo Event Center). Please contact Ashlee Stoddard, 515-282-8269 x 12 or 771-4051 or [ashlee.stoddard@iciu.org](mailto:ashlee.stoddard@iciu.org)

**Free Clothing Giveaway--Hope F.I.T. S.**

**Saturday, July 31 – 8:00 a.m. – 4:00 p.m.**

At Capitol City Baptist Church Family Center, 5990 NE 14<sup>th</sup> St., Des Moines 50313. For more information call 515-289-1419.

**AUGUST**

**Summer Arts Camp Needs Your Help!**

**August 9-13, 12:30 to 3 p.m.; Evelyn K. Davis Park**

ASAP, the After School Arts Program, is hosting its second annual Summer Arts Camp. Volunteers are needed to work alongside the kids and assist the teaching artists. No previous art experience is necessary. The camp is open to all neighborhood children, who participate in two different hour-long studios each day. Time on site for volunteers is Monday through Friday (or for whatever days you can spare!). Please contact Michelle Bolton King at [michelle@asap-dsm.org](mailto:michelle@asap-dsm.org) or 515-770-3380 for more information or to sign up. <http://www.asap-dsm.org/>

### **CROSS Ministries Back-to-School Giveaway**

**August 5-6; Cottage Grove Ave. Presbyterian Church.**

Last year 1,200 children from low and no-income families were assisted with the supplies they needed to begin school. CROSS needs money to buy supplies at a discount, or the following items: New backpacks, wireless spirals, markers, glue sticks, Kleenex, notebook paper, 3 ring binders, crayons, colored pencils, white glue. Donations should be made by Friday, June 30. For details call church office 515-279-8877.

### **Active With Asthma Fun Day**

**August 13, 9a.m.–4 p.m.**

A family day to learn about asthma, physical activity, medications, nutrition, avoiding triggers. Education center for parents and caregivers from 1-3 p.m. Children between ages 6-14 through out Iowa ó (must have completed kindergarten). Diagnosed with asthma and taking daily meds. Be prepared for moderate activityô game playing, light walking. Required to have received H1N1 vaccination (unless allergy or actual diagnosis of H1N1). Trained Medical and program staff instruction. Free of charge. Register at [www.LungIA.org](http://www.LungIA.org)

### **Engaging Spirituality Co-Facilitator Discernment and Training**

**August 21, 8:30 a.m.–3:30 p.m.; St. Mark's Episcopal Church, 3120 E. 24<sup>th</sup> St**

A program of JustFaithMinistries, the event will be held at,. Suggested donation is \$25.00, lunch included. Deadline for registration for co-facilitator training is August 15. See more about ES (Engaging Spirituality) in òPublic Service Announcementsö section of this issue. Or contact Susie Paloma at 515 245-1478 or [spaloma@msn.com](mailto:spaloma@msn.com)

### **Back 2 School Bash**

**August 22, 2010; John R. Grubb YMCA**

Over 500 students will walk away with FREE school supplies plus much more. New additions to the event include free physicals, Iowaø Got Talent Prelim, Art Competition and food! Booth space available. This is a family affair. <http://www.back2schooliowa.com>

### **Catholic Charities Bishop's Golf Classic**

**August 30, noon registration, 1:00 p.m. shotgun start; Echo Valley Country Club** Enter one or more teams. Compete against other parish teams. Foursome with lowest team score will take home the traveling parish trophy. Call 515-237-5078.

### **Diabetes Express**

**September 16 or November 18, 6:30-8:30 p.m.; Methodist West Hospital**

Identify Type 2 Diabetes and the importance of optimal blood glucose control to protect future health. Explain the basic components of diabetes treatment including monitoring, meal planning, physical activity, medications and weight loss. Identify a personal goal and list strategies to achieve the goal. Please call 515-241-5074 to register or for more information.

### **Monastic Retreat Adventure**

**Saturday, September 17 – 19, 2010; Conception Abbey**

Lead by Jennifer Phelps and Matthew Phelps. Talks will include emphasis on Scripture based guidelines to getting the most out of your relationship with God. Jennifer is author of òJesusøPassion": The Story of Redemptive Suffering,ö and editor of a number of Bible studies. Matthew directs a weekly Bible study for young adults and works as Operations Manager for Catholic Radio Station KWKY-1150. Contact Lisa at [Linnanee@aol.com](mailto:Linnanee@aol.com) or call 515-991-2842 for more details.

### **Taking Control of Your Diabetes Conference & Health Fair**

**Saturday, September 25, 9 a.m. – 5 p.m.**

Featuring the leading experts in diabetes care, latest info and technologies, one on one consultations with diabetes specialists, motivational speakers and a sit down banquet lunch. For info call TCOYD at 1-800-998-2693 or visit [www.tcoyd.org](http://www.tcoyd.org) to register.

**Evening community event with Kara Powell**

**October 6, 2010**

Kara Powell is the Executive Director of the Fuller Youth Institute, Fuller Theological Seminary. Details to follow.

**All day pastor's conference with Kara Powell**

**October 7, 2010**

Details to follow.

**Des Moines Area Hunger Hike**

**October 10, 2010, 1:00 p.m. West steps of capitol.**

For further information, please contact Russ Melby at [rmelby@churchworldservice.org](mailto:rmelby@churchworldservice.org) 515-274-2224.

**Older Adult Ministry Conference**

**October 12-15; Orlando, Florida**

The conference, "Connecting the Generations: Model, Methods and Mentors in Ministry", takes place at the International Palms Resort and features 11 workshops. A limited number of scholarships are available. Deadline for completed scholarship applications is August 31. Questions? Contact Older Adult Ministries Task Force Moderator, Darlene Shepherd, [dshep@mahaska.org](mailto:dshep@mahaska.org) or 641-673-5793.

**Christ Our Life**

**October 16-17, 2010; Catholic Conference at Iowa Events Center**

Inspirational speakers from around the globe: Francis Cardinal Arinze, Bishop Richard E. Pates, Matthew Kelly, Renee Bondi, Magnus MacFarlane-Barrow, Marino Restrepo, Fr. Rick Wendell. For the best seats purchase tickets now; visit [www.Christourlifeiowa.com](http://www.Christourlifeiowa.com) or call 888-326-8033

**Public Service Announcements**

**Register Early for Flag Football**

Kids 3-12 years old. Clinics and leagues focus on fundamental skill development while promoting teamwork, value development & sportsmanship. At John R. Grubb & Riverfront YMCA Financial assistance available. Call Sunni Zak: Program Director 515-868-0527 or [sunni.zak@dmymca.org](mailto:sunni.zak@dmymca.org) (Not a Des Moines Public School program)

**Anawim Housing has a new address.**

2024 Forest Ave. Ste 101, Des Moines, IA 50311

**Drake Farmers' Market**

Come to the Drake Farmers' Market every Wednesday, June through September, 4-7 p.m. At 25<sup>th</sup> & University Ave., Des Moines.

**Engaging Spirituality – Just-Faith**

A 21 week, small group process. Groups of 8-12 individuals are lead by two trained co-facilitators. The process includes weekly two and half hour meetings, two retreats, two immersion experiences, six texts, and four video presentations. A co-facilitator discernment and training will be held Saturday, August 21 from 8:30-10:30 p.m. at St. Mark's Episcopal Church, 3120 E. 24<sup>th</sup> St. Suggested donation \$25.00, lunch

included. Deadline for registration for co-facilitator training is August 15. Contact Susie Paloma at 515-245-1478 or [spaloma@msn.com](mailto:spaloma@msn.com)

### **Capitol Hill Christian Church seeks a congregation to nest in its building.**

Worship times and activities times would be negotiated. If interested in sharing our beautiful church building with us, contact Pastor Candice K. Brown, [chcc25@msn.com](mailto:chcc25@msn.com) or call 515-988-4023.

### **Des Moines Urban Plunge**

Invites church groups to leave the comfort of the suburbs and the safety of the small town and to experience life in the inner-city, giving them hands on experience with nine different faith-based social service agencies in one weekend. Bring your sleeping bag and experience nine ministries in Des Moines. Go to jail, feed the homeless, help sort and hand out clothes. For more information contact Bill Clark, at [billclark@cfc.org](mailto:billclark@cfc.org) or visit [www.cfc.org](http://www.cfc.org) or call 515-491-8543.

### **Senior College of Des Moines**

A non profit organization that provides educational classes and tours for people ages 50 and older. They allow people to continue learning and experience new things even as they age. This organization is sponsored by Principal Financial, Pioneer Hybrids, Humanities Iowa, and Des Moines Higher Education group. For listing of courses and other information visit [www.myseniorcollege.com](http://www.myseniorcollege.com) or contact [alliwilliamsintern@gmail.com](mailto:alliwilliamsintern@gmail.com)

### **Water Assistance Program**

The City of Des Moines Community Services Division now has limited funds to help City of Des Moines residents with their water bill. Funds are available on first come first served basis until Sept 30, 2010 or are exhausted, whichever comes first. Households must be at or below 200 percent of the Federal Poverty Guidelines. Income and program guidelines apply. For more information contact one of the City of Des Moines Service Site offices with questions: Pioneer Columbus at 515-248-6214; Four Mile at 515-248-6211; Logan at 515-248-6212; or Sixth Avenue at 515-248-6216.

### **Furniture Needed By Freestore**

Freestore is non-profit group which helps clients of Family Violence Center. Currently they are in need of beds and dressers. In July they will need all types of furniture, beds, household items, etc. Please call 515-282-3733 for drop-off or pick up times.

### **Prairie Fire Program**

Prairie Fire is designed for people who desire to live each day prayerfully and intentionally, who long to respond fully to God's call. All who seek companionship in their spiritual journeying are encouraged to apply. Current participants include clergy and chaplains, counselors and social workers, healthcare professionals, spiritual directors, parish nurses, Stephen Ministers, hospice staff and lay persons. This is a two year program that meets monthly. A new group will start in September 2010. Jeffrey Means at [jmeans@dmpcc.org](mailto:jmeans@dmpcc.org) or 515-274-4006.

### **Office Space For Lease**

The Iowa Office of Church World Service, located in the same building as DMARC, is looking for a non-profit group to assume our current lease. The Iowa Office is approximately 700 square feet and contains 3 separate offices, all with windows, a reception area, and a storeroom, included in the 700+ square feet. Contact the Rev. Russell Melby, Iowa Director at 515-274-2224. Or Kevin Koethe, Landlord at 515-975-2465 with questions and to arrange a showing of the space.

### **Share**

ōGreat Food, Good Folks and Strong Communityö

Would you like to save money on groceries? Do you know someone who could benefit from stretching his or her food dollars? SHARE can offer you up to a 50 percent savings on nutritious food packages for just 2 hours of volunteer service each month. To find out more about SHARE: check out our web site, email us, or call 1-800-344-1107. For more information visit the website: <http://www.shareiowa.org/> or email [shareiowa@mahaska.org](mailto:shareiowa@mahaska.org)

### **Habitat for Humanity**

Greater Des Moines Habitat for Humanity is recruiting churches and faith groups to help low-income families achieve home ownership in 2010. There are many opportunities to get involved including a 2010 Multi-Faith Build that is open to individuals and groups from diverse faith communities through contributions of funds and labor. For more information, please contact Brendalyn Shird at 515-471-8686 x112 or [bshird@gdmhabitat.org](mailto:bshird@gdmhabitat.org).

*Disclaimer: The Des Moines Area Religious Council makes every effort to provide accurate and useful general information in its E-Voice, but accept no liability for the use of the material by individuals or organizations. We gladly distribute information from individuals, congregations and other agencies, but our inclusion of such material should not be construed as being sponsored or endorsed by DMARC. Undated general announcements and employment opportunities are included for one month unless requested to be included for a longer period of time.*

## **EMPLOYMENT and VOLUNTEER OPPORTUNITIES**

### **Part Time Events Manager, Des Moines Area Religious Council**

Please see notice in first section of this newsletter.

### **Office Coordinator, Covenant Presbyterian Church**

To provide a church office operation that is effective, efficient and allows Covenant to meet its goal of offering a meaningful Christian community to its members and friends. Will prepare bulletin and announcements, prepare and publish church newsletter, maintain calendar, prepare flyers, posters, signup sheets, answer telephone, prepare reminders, coordinate church office, monitor church computer hardware/software, maintain data base, minor trouble shoot. For full job description and more information please visit website: [www.wdmcovenant.org](http://www.wdmcovenant.org). Or call Jan Scott at 515-225-2254.

### **Nursery Assistant, Covenant Presbyterian Church**

Adult applicants only, minimum 18 years of age. Prepare and present age appropriate activities, keep parents informed, maintain a safe and sanitary environment, other duties as assigned. During school year typical schedule will be Wednesday eve from 6:15-8:30 p.m. Sunday mornings from 9:00-11:45 a.m. Summer hours includes Sunday morning hours 9-10:45 a.m. Contact Renae Woodworth, Director of Christian Education; 515-225-2254 or 515-556-7086 or [rwoodworth@wdmcovenant.com](mailto:rwoodworth@wdmcovenant.com)

### **Executive director, Iowa Interfaith Power & Light**

Full time, to lead the statewide effort to mobilize the religious community to become leaders in addressing climate change through education, assistance with carbon footprints reductions, and advocacy for sustainable policies at all levels of government. For more information visit [www.iowaip.org](http://www.iowaip.org). To apply, send resume and cover letter to Liz Johnson at [treasurer@iowaip.org](mailto:treasurer@iowaip.org)

### **Two VISTA Positions, Central Iowa Works Funding Collaborative**

CIWFC helps to facilitate the creation of sector-based Workforce Partnerships to begin to analyze the job market and develop the means to address issues. One year duration, full time. In and around Des Moines.

For more information, contact Jessica Lamer Nurack at email: [jlamer@ised.org](mailto:jlamer@ised.org). To apply go to <http://www.americorps.gov/about/programs/vista.asp>

**Volunteers Needed for New CROSS Ministries/Cottage Grove Food Pantry Site**

Contact Joyce Hoffman at 515-225-9868. For questions or donations, please contact Dr. Roberta Victor, Executive Director of Cross Ministries, 1050-24<sup>th</sup> St., Des Moines 50311, tel: 515 279-8877.

**Volunteers Needed, Polk County Mental Health Response Team**

This team is made up of mental health professionals, para-professionals and citizens to provide emotional support to individuals within Polk County at times of disaster and critical incidents. Volunteers must be 18 years and older to apply. An interview and background check is required. Call Polk County Health Services at 243-4545 and leave your name and phone number.

**Broadlawns Hospital**

Broadlawns needs volunteers to welcomes and direct patients and families as they enter the hospital. If interested contact Jill MacNaughton, Director, Patient, and Volunteer Relations, at 282-2323 or [jmacnaughton@broadlawns.org](mailto:jmacnaughton@broadlawns.org).