



Des Moines Area Religious Council RED BARREL NEWSLETTER

AUGUST, 2011

MAPPING TO END HUNGER

The Des Moines Area Religious Council has commissioned, conducted and released the report [Mapping an End to Hunger in Greater Des Moines 2011](#).

This is the second year of the report which was first produced in 2010. The DMARC Food Pantry Network has already implemented some of the recommendations made from the 2010 study including: opening pantry sites with hours in the evenings and weekends to accommodate working people, providing nutrition education and increasing the availability of fresh produce; plus transforming the overall inventory to low-sodium, low-fat and whole-grain choices.

The 2011 report's recommendations center on training, nutrition and healthy choices such as encouraging healthy menus at community meal sites; providing food pantry clients with education on food budgeting, food purchasing, and cooking; increasing the distribution of fruits and vegetables; providing specialty food boxes for health reasons such as diabetes; exploring additional partnerships; increasing donor base and more.

The study reveals challenges to food access such as lack of reliable transportation, disabilities, unemployment, health issues and medical costs.

The research project was designed and directed by Susan Klein, DMARC project manager, assisted by Monica Davids, Americorps VISTA.

The full report is available at www.Movethefood.org.

ONE MORE TIME!

SAVE THE DATES – October 8 & 15 MAKE A DIFFERENCE DAYS - 2011

The DMARC Red Barrel Program will be observing national Make A Difference Days on Saturday, October 8th and Saturday, October 15th. The goal again this year is to be in as many stores as possible on either of these days. Store Directors will be contacted in August and September to make arrangements to host these events.

The number of stores is limited only by the number of volunteers who are available to sponsor Sack Saturday events. Volunteers are still needed to work in stores or to transport the food that is collected to the warehouse. If you are interested in volunteering, please contact Cindy Morton at cmorton@dmreligious.org or call 277-6969. New volunteers are always welcome. Whether you are working in a store, a store hosting an event or transporting food to the warehouse, you will be making a difference.

Last year's proceeds from Make A Difference Days included the donation of 4,483 food items and \$3,822 in cash contributions.

DID YOU KNOW?

We offer nutrition classes, cooking demonstrations, recipes and healthy food choices to our food pantry families through a partnership with The Expanded Food and Nutrition Education Program (EFNEP) and Family Nutrition Program (FNP) nutrition education programs of Iowa State University Extension. Go to www.MovetheFood.org/nutritionclasses for more information, photos and recipes.



DMARC Emergency Food Pantry
3816 36th Street, DM, 50310
515-277-6969

Executive Director:
Rev. Sarai Schnucker Rice
Food Pantry Director:
Elisabeth Ballstadt
Red Barrel Coordinator:
Cindy Morton
277-6969 or 238-4593

RED BARREL COLLECTIONS FOR JULY, 2011 = 7,970

Rank	Store	Address	# Collected	Store Director	Volunteer Collector
1	Hy-Vee	410 N. Ankeny Blvd.	1546	Wes Snook	Katie Vacek
2	Dahl's	4343 Merle Hay Road	871	Kenny Kane	Ron Stoen
3	Dahl's	3425 Ingersoll	810	Jeff Hudson	Downtown Kiwanis
4	Dahl's	5003 E.P. True Pkwy WDM	752	Mark Pearson	West Side Kiwanis
5	Hy-Vee	550 S. 51st, WDM	310	Mark Luke	Bob and Jan Schulte
6	Dahl's	1819 Beaver	304	Dave Wilson	Golden K Kiwanis
7	Hy-Vee	8601 Douglas	296	Josh Asche	Larry Hamlin
8	Hy-Vee	4707 Fleur Drive	294	Jamie Stephens	Randy and Nicole Mitchell
9	Fareway	8450 Meredith Drive	236	John Cramer	Larry Hamlin
10	Dahl's	1208 Prospect, WDM	230	Kevin Helm	Jack Kiburz
11	Dahl's	5440 N.W. 86th, Johnston	193	Joe McDonald	John Young
12	Hy-Vee	7101 University	139	Randy Kruse	Chris Burch
13	Hy-Vee	1990 Grand, WDM	135	Andy Streit	Chris Burch
14	Hy-Vee	3221 S.E. 14th Street	132	Ryan Roberts	Cindy Morton
15	Dahl's	4121 Fleur Drive	114	Mike Hixon	Randy and Nicole Mitchell
16	Dahl's	8700 Hickman	106	Pat Childress	Liz Coffman
17	Dahl's	3400 E. 33rd	105	Lyle Ellenwood	Link Associates
18	Dahl's	1802 N. Ankeny Blvd.	96	Paul Johnson	Amy Tournier
19	Hy-Vee	1700 35th Street, WDM	91	Collin Venenga	West Side Kiwanis
20	Hy-Vee	1107 Army Post Road	80	Rod Burns	Randy and Nicole Mitchell
21	Hy-Vee	1725 Jordon Creek, WDM	74	Greg Hull	Jack Kiburz
22	Hy-Vee	5759 Merle Hay Rd, Johnston	68	Jim Carney	John Young
23	Hy-Vee	3330 MLK	66	Brian Hixon	Cindy Morton
24	Fareway	100 E. Euclid	56	Tom Ross	Link Associates
25	Dahl's	1320 E. Euclid	48	Jim Martin	Link Associates
26	Fareway	10151 University, Clive	36	Kevin McCormick	West Side Kiwanis
27	Fareway	109 S.E. Oralabor, Ankeny	34	Doug Haugland	Katie Vacek
28	Fareway	3205 N. Ankeny Blvd.	16	Dave Eisentrager	Amy Tournier
29	Fareway	3000 S.E. 22nd Street	7	Wil Golberg	Cindy Morton

Damaged items for July, 2011 = 725

88 Hy-Vee, East Euclid
 435 Hy-Vee, Jordan Creek
 202 Fareway, East Euclid

Mike Kueney, Store Director
 Greg Hull, Store Director
 Tom Ross, Store Director

Link Associates
 Jack Kiburz
 Link Associates

Five Year History of Red Barrel Collections

Month	2007	2008	2009	2010	2011	Cash
Jan.	9,662	9,123	11,091	8,892	7,848	\$95.00
Feb	9,832	7,760	10,719	9,015	9,102	\$1,850.36
March	11,930	10,048	11,666	10,637	9,398	\$602.99
April	10,353	9,552	12,649	8,866	10,837	\$1,630.34
May	9,054	7,869	9,542	7,015	9,580	\$385.45
June	9,933	9,214	10,026	11,009	7,334	\$858.82
July	9,063	7,070	8,073	9,172	7,970	\$823.41
Aug	8,054	8,310	8,471	8,779		
Sept	6,979	8,355	8,625	7,740		
Oct	19,995	14,506	13,106	12,589		
Nov	16,604	17,338	14,000	11,586		
Dec	13,135	15,275	11,961	12,933		
TOTAL	134,594	124,420	129,929	117,802		

HUNGER SACKS SOLD IN JULY = 673

Top Ten Stores Hunger Sack Sales:

- 116 – Hy-Vee, Ankeny
- 100 – Dahl's, E.P. True, WDM
- 77 - Dahl's, Merle Hay Road
- 71 – Dahl's, Ingersoll
- 59 – Hy-Vee, Fleur Drive
- 45 – Hy-Vee, S. 51st, WDM
- 30 – Dahl's, Beaverdale
- 24 – Fareway, Meredith Dr., Urbandale
- 23 – Dahl's, Johnston
- 15 – Hy-Vee, 35th St., WDM